

# Botswadi Parent Guidance

**We share the same hopes:**

- ✓ Health
- ✓ Safety
- ✓ Happiness
- ✓ Success

**We share the same fears:**

- ✗ Sadness
- ✗ Sickness
- ✗ Violence
- ✗ Children who do not listen



## ENQUIRIES:

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## What does botswadi mean?

Botswadi is a Tswana word meaning: "To be a parent."

## Why this programme?

Parents need guidance and support in giving balanced care for children.

## How does the programme work?

Trained leaders present Botswadi in 7 sessions to groups of 5-10 parents with the aid of illustrated workbooks. Programme material is available in both English and Afrikaans.

## Contents of the programme

Balanced care and education comprises of:

- Physical care
- Loving care
- Learning opportunities
- Developing a conscience

**Just as a table has four legs, four things are necessary to help a child reach adulthood.**



**If one or more legs break...**



These four legs describe balanced care and are discussed throughout the programme.

## How is a high standard maintained?

SAVF Famnet controls and co-ordinates the programme. Only trained and registered group leaders may present the programme.



Group leaders submit completed registers and evaluation, whereupon certificates will be issued to members.

## What does the training of group leaders comprise?

Training will help the group leader:

- To conduct and understand the content of the programme.
- To understand cultural differences.
- To build trusting relationships.
- To convey the meaning of the programme.

**This training is CPD accredited.**

The five hour group leader training is presented 4 times per year at SAVF Head Office or elsewhere on request.

## Cost:

Costs are reasonable. Enquire about current training fee.

## Additional SAVF FAMNET Parenting Programmes:

- Ubaba Unathi – Addressing all aspects of Father Absence and enabling Father Involvement.
- Rebuilding Dreams – A guide for young parents, addressing the challenges of teenage pregnancy and parenting and planning the future.

*We find friendship if we meet together.  
And we find answers if we talk together.  
And we find strength if we work together.  
And we find hope if we stand together.  
Thula Baba:  
Raven Press 1987*